



Thank you



for being part of our MHA community

If you have any feedback on this issue; suggestions or content for future editions, please get in touch with the team. We are always happy to hear from you.

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Horsforth Communities Newsletter



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Summer 2025

Welcome

A warm, sunny welcome to our summer newsletter! It's packed full of some amazing events, activities and trips to look forward to over the next couple of months. Read on to find out what we have planned!



With best wishes to all our members, volunteers and supporters, from Team Horsforth - Dean, Debbie, Liz, Nicki, Jane, and Katherine xx

PS for all the latest information on our events and activities, please 'like/follow' our Facebook page 'MHA Communities Horsforth'. We'd be so grateful if you could also leave us a review. Ask a member of staff if you need any help!



Join us at our monthly

Friendship & Entertainment Social

Every third Wednesday of the month
from 1:00 - 3:00
at MHA Central Methodist Church, Town Street,
Horsforth, Leeds LS18 4AH



Fun and friendship for £5 entry

-  Refreshments
-  Quiz
-  Live Entertainment
-  Raffle
-  01133 227799

Upcoming
dates:

- 21/05/25
- 18/06/25
- 16/07/25
- 20/08/25





MHA COMMUNITIES HORSFORTH

FAMILY DAYS

Come and join us during the summer holidays with your younger family members at our fun days! Each week, we'll have a different activity:

-  **Gingerbread treasure hunt**
-  **Indoor and outdoor games**
-  **Teddy Bear's Picnic**
-  **All the fun of the fair!**

Every Tuesday in August, 1pm - 3pm at Central Methodist Church, Town Street

Donations/pay as you feel.
More details to follow!







Members' Moments



Left: Wynn and Boyd Williams got married (again!) at the February Friendship and Entertainment Social with Home Instead.



Right: Gill Powers spotted some beautiful crocuses in the Spring, after our Friday walk near Café Yoga.

Share your memories

If you have taken any pictures you'd like us to include in our next newsletter, please send them to horsforth@mha.org.uk

Community Fashion Show

What an amazing time we had at our Fashion Show with Very Stylish Girl. Helen and Rene from R Fuller Hair World did an amazing job. Thanks to our wonderful volunteers for helping us on the night. We raised £500!



What's new!

Bereavement Support Café



This summer we are planning to start a Bereavement Support Café run by local volunteers in a friendly, supportive environment.

 Cragg Hill Baptist Church

 Every 3rd Friday of the month

 1.30pm - 3.00pm

More details to follow. To express your interest please speak to a member of staff or call 0113 259 1511.

Farmer's Market



We'll be at the Farmer's Market on Saturday 2nd August. Please come and see us there.

Volunteers welcome! Please get in touch if you can help us.

Ladies Shopping Event



Following the success of our Community Fashion Show, look out for more information about our planned Christmas fashion shopping event later in the year!

Creativity Corner



Be crafty

Bring your current project along to Craft Group every Wednesday, 9.30am - 11.30am.

Card making, knitting, crochet, stamping, colouring, painting, rug making to name just a few...anything goes!

Cost is £2.50 with unlimited tea, coffee and biscuits

Easter Craft Sale

We raised £305.00!
Thank you to all our hardworking crafters!

Heart and soul

We hope you enjoy our decorative window and tree art, the makers among us love to get creative and decorate the hall and windows for every season and event.

Meet an author

Rachel Hardcastle is a best-selling author who has worked with many people to help make their dreams of publishing a book a reality. If you'd like to listen to her talk, please join us at Central Methodist Church on Monday 28th July, 1.30pm - 3pm. Cost is £4 payable on the door.



A big "Thank You" to these wonderful local businesses who donated to our Fashion Show raffle:



Day Trips

Booking date: Thursday
5th June, 9.30am

Due to increasing costs we have been asked to reduce the number of trips we run for now, so this summer there will be just be the one trip. However, we are running a couple of minibus outings as we all know you love a day out!

Lytham St Anne's

Tuesday 1st July



Lytham has a great town centre where you can saunter along looking at the small boutiques, gift shops and homewares or pop down to the seafront and have a photo taken next to the windmill. After all the fresh air, take time out to have a rest and enjoy watching the world go by with a drink and cake in one of the many pavement café's. You also have the option to use your bus pass and head down to St Anne's for a look around the wonderful beach and enjoy the seaside attractions, or a walk round the beautifully tended promenade gardens.

Departing from Church Road at 9.30am.

The cost of this trip will be £25.



MHA COMMUNITIES HORSFORTH

M&S TRAVELLING SUITCASE

Discover the M&S Archive! Re-live the fashions of the past with original garments and accessories from the 1940s to the 1980s. Join Briony to have a closer look at objects telling the M&S story. There's even the chance to try some on!

**Wednesday 2nd July, 1pm - 2pm at
Central Methodist Church.
Cost £2 including refreshments**

Booking not necessary



"This is a brilliantly nostalgic event that I recommend anyone to come and see."

***Dementia Friend / MHA
Volunteer Carol A Shaw***



Volunteering

**VOLUNTEER
'THANK YOU' EVENT**

**To celebrate our amazing volunteers,
we're having a 'Thank You' event for
you all at The Bridge Inn on
Wednesday 4th June at 1.30pm.
Please save the date!**

Invitation to follow!

We need volunteers! Could you, or someone you know, help us with these activities?

-  **Bat & Chat - Mondays 10-11.30am.** Making drinks for our table tennis players and indoor bowlers.
-  **Dancing - Tuesdays 1.45-2.30pm.** Sorting refreshments and washing up during the dancers' break.
-  **Shopping trip - Wednesdays 9.30am-1pm.** Assisting members on and off the bus, door to door and carry shopping.
-  **Walk & Talk - Fridays 10.15-11.45am.** Supporting our members on a walk round Horsforth Hall Park and drinks at Cafe Yoga.

We also need a **minibus driver** with a D1 on their licence to help us with trips out and Bacon Butties transport on a Tuesday (9.20am-12.45pm). We will cover the costs for your MiDAS training.

Please speak to a member of staff or call 0113 259 1511

Minibus Trips



Bradford Industrial Museum

Monday 23rd June

The museum is based in what used to be Moorside Mills in Eccleshill and originally built around 1875 as a small worsted spinning mill. In 1974, Bradford Council created a unique museum, which contains permanent displays of textile machinery, steam power, engineering innovations and motor vehicles.

Departing from Central Methodist Church at 10am. The cost will be £10. Book with a member of staff or call 0113 259 1511.

Golden Acre Park Friday 29th August

One of Leeds finest gems, this popular park is well known for its beautiful circular lakeside walk, wonderful gardens and abundance of wildlife. Enjoy a refreshment afterwards in the lovely tea rooms or if the weather is nice, why not sit outside!

Departing from Central Methodist Church at 10am. The cost will be £10. Book with a member of staff or call 0113 259 1511.

WHAT'S ON WHEN WEEKLY ACTIVITIES



M	<p><u>10-11:30</u> Indoor Bowls/Table Tennis £2.50</p> <p><u>12:00-1:00</u> Tai Chi (bookable) £5.00</p>
T	<p><u>09:30-10:30</u> Coffee Morning £1.50</p> <p><u>10:30-12:00</u> Bacon Butties Club £3.50</p> <p><u>12:00-1:00</u> Games Hour</p> <p><u>1:15-3:00</u> 'Anything Goes' Dancing £4.00</p>
W	<p><u>09:30 onwards</u> Minibus Shopping trips £6.00</p> <p><u>09:30-11:30</u> Craft & Chat £2.50</p> <p><u>11:45-12:30</u> Chairobics (bookable) £4.00</p>
T	<p><u>09:30-10:30</u> Coffee Morning £1.50</p> <p><u>10:30-12:30</u> Lunch Club £4.50</p> <p><u>12:30-1:30</u> Games Hour</p> <p><u>2:00-3:00</u> Dance Fit (bookable) £5.00</p>
F	<p><u>10:15-11:45</u> Walk & Talk in the park £2.50</p>
S	<p><u>10:00-12:00</u> Central's Coffee Morning with homemade cakes</p>

WHAT'S ON WHEN MONTHLY ACTIVITIES



1ST MON	<p><u>1:00-2:15</u> Creative Writing Group £2.50</p> <p>2nd June, 7th July, 4th August</p>
2ND MON	<p>Hyde Park Picture House Memory Matinees Minibus transport (or make your own way there), 1:30 leave from Central Methodist.</p> <p>11th August - Father of the Bride (1950)</p>
2ND WED	<p><u>10:00-11:30</u> ReminiSing</p> <p>Sing Along group with Richard and his band. £3.00. 11th June, 9th July, 13th August</p>
3RD WED	<p><u>1:00-3:00</u> Friendship and Entertainment Social with a Quiz and Raffle - £5.00</p> <p>21st May, 18th June, 16th July, 20th August</p>
4TH THURS	<p><u>1:15-2:45</u> Book Group £2.50</p> <p>22nd May, 26th June, 24th July, 28th August</p>